



Volunteering and Covid-19 Update

As you know WA is doing very well with Covid-19 cases and restrictions on group gatherings are slowly getting eased.

The health and wellbeing of both the ECU community and external parties are at the forefront of our thoughts in these times and as such we are still postponing all physical volunteer events organised through ECU.

It is however still crucial that we as a community stay connected with those in need and actively participate in safe volunteering opportunities.

As a community we recognise the effect isolation is still having on our society through these difficult times.

ECU are committed to bring you as many virtual volunteering opportunities as we can so that we can continue to contribute and engage in volunteer activities, under the parameters defined by the current situation.



To find opportunities visit [ECU VolunteerHub](#) or contact us at careers@ecu.edu.au

National Volunteer Week Thankyou

A big thankyou from us, to you for, getting involved in National Volunteer Week 2020.

This year certainly looked a little different from what we have ever done before but the commitment and dedication from our ECU Vol-Squad members never wavered.

Check out the recording of our Live Q&A panel which featured Riley Dolman from one of favourite volunteer partners organisations Fair Game, ECU Careers Adviser Sara Moore, ECU volunteer Chrystina Acker and Volunteering WA's Traci Gamblin.





How to get involved this month!

Ronald McDonald House Charities WA are on the hunt for crowd pleasing recipes to feature in the first original RMHC WA Recipe Book. These will be used to provide inspiration to the Big Breakfast and Lovin for the Oven groups when the Programs start up once again.

Think breakfast, morning tea and lunch style treats that can be prepared within a commercial kitchen to be served up to the families in the Nedlands House.

Simply send through your recipe along with a photo of your scrumptious meal to be published in the 2020 RMHC WA Recipe Book to careers@ecu.edu.au



Meet ECU's Vol Squad Staff

Liz has worked at ECU since 2012, working in events and program management for various teams. She currently leads the Student Transitions and Employability team which manages ECU's student volunteer programs. Outside of her work with ECU, Liz has volunteered as president of a non-profit organisation and as a sports coach.

"I feel incredibly lucky to work with a team so dedicated to supporting students and the community. We have such passionate staff who understand the value of volunteers and love to celebrate our students."

Liz believes that volunteering not only creates better communities but is a transformative experience for the volunteer, "The skills I have learnt through volunteering have been invaluable in my life and work. It's also how I met some of my best friends!"

When not at ECU cuddling baby pigs, Liz likes to binge watch Netflix and eat GYG burritos (with extra guac of course).

Happy Volunteering 😊



IMPORTANT NOTE: If you are already engaged in volunteering activities outside of the ECU volunteer program please ensure you are aware of your rights and responsibilities as a volunteer by visiting [Volunteering Australia website](https://www.volunteeringaustralia.org/).