



Volunteering and COVID-19

Due to the evolving COVID-19 situation ECU is postponing all physical volunteering events and programs for the foreseeable future. This is to assist with carrying out social distancing recommendations in order to safeguard the health and wellbeing of our staff and students.

[Volunteering WA](#) has collated information to help volunteers consider what steps you may need to take in light of the public health emergency of the COVID-19 virus.

Take the time to visit [Volunteering WA](#) online to keep up to date with information you need to know to keep safe whilst volunteering during these times.

As circumstances are changing regularly Volunteering WA continue to update this as new information arises.



Aprils Good News Story

This month ECU teamed up with Bethanie Aged Care to start up the Senior Pen-Pal Program!

We have received some beautiful letters that have been written to the seniors at Bethanie Aged Care. These letters have now been sent and we are looking forward to hearing the responses from them soon.

This initiative will bring a smile to so many who are struggling and lonely in these difficult times.

Thank you to all those students that got involved.

If you haven't yet had time to get on board with the Senior Pen-Pal Program it's not too late.

Check [CareerHub](#) or contact careers@ecu.edu.au today



How to get involved this month!

We have sourced a range of fantastic volunteer opportunities that you can take part in during this crisis safely!


- [Trauma Teddy – Knit for Red Cross](#)
- [Tech Savvy Volunteers needed at Baptistcare](#)
- [Online Volunteering with Vollie](#)
- [Red Cross Companionship Program](#)

Send us a photo or video of you volunteering to careers@ecu.edu.au. You could feature in the next Vol-Squad Newsletter or social media, plus you will go in the running to win a \$25 Uber Eats Voucher

This month's winner is **Isis Dong** CONGRATULATIONS! Your Uber Eats voucher is on it's way 😊

hello! I wish I could have hand-written this on a nice card!

My name is **Isis!** What's your name? I hope you are staying safe during this pandemic and that you've managed to occupy yourself! Isolation has been hard on all of us. How have you kept busy? I've taken up cross stitching and have really enjoyed it so far! I also have still been doing my university work as we still have online classes! I am studying to become a primary school teacher at Edith Cowan University. 😊 I have also been cuddling my two dogs, which has been nice.



I hope this letter finds you well and I look forward to your reply! Stay safe and have a lovely day.

Kind Regards,
Isis D.



word from our Careers Team!

Career Tip: Customise Your Résumé

It's important that your résumé matches the role you are applying for and is the key to success while you are job hunting.

Remember no two jobs are the same, so if you want to guarantee a higher response rate you need to customise your résumé every time you apply for a job.

Think quality over quantity, it's better to make one carefully planned application, than make 10 untargeted ones.

Most important of all, make your résumé stand out with the addition of your volunteering experiences. This can turn your résumé from blah! to wow! and demonstrates that you really want to make a difference.



Volunteer of the month

Name: Lisa Wallman

Studying: Bachelor of Science/Bachelor of Business. Nutrition and Marketing

"I love volunteering!"

My volunteering journey started off early on in my degree and I've come across so many amazing humans ever since. You meet people from all around the world who all have their own unique story to tell. Some may say volunteering is another building block for your resume, but I think it's so much more than that. It's about helping others become the best that they can be.

I've realised how powerful it is and how much you learn and grow from each and every experience – personally and professionally. If you're considering volunteering at ECU, just do it – there's never a dull moment as an ECU volunteer."

Meet ECU's Vol Squad Staff

Clair started her journey at ECU in early 2017 in the Course Information Hub (now Student Hub) and came across to the Transitions team in mid-2018.

Clair has mainly worked on the Orientation project, International initiatives and Wellness programs for current students.

Clair's favourite part of her job is interacting with students. In semester 2, 2019 Clair piloted a program called "International Café" which is a social morning tea for new International Students to meet other students and ECU staff and to help them transition into studying and living in Australia.

It was a great success thanks to the help of some amazing student volunteers. This semester we have moved the event online, please [feel free to join us!](#)

Last year Clair coordinated ECU's Daffodil Day Appeal for the Cancer Council. With the help of the amazing ECU volunteers, \$1,404 was raised to help increase awareness and much needed funds for cancer research.

Clair has also started writing to her 95-year-old Nan who she is unable to visit at the moment and it brought so much joy to them both she has also been participating in the ECU Senior-Pen-Pal program.

Clair loves the outdoors and is happiest camping at the beach. Lately she has become obsessed with TikTok, busting out the moves with her precious nieces and nephew. #coolaunty



Happy Volunteering 😊

IMPORTANT NOTE: If you are already engaged in volunteering activities outside of the ECU volunteer program please ensure you are aware of your rights and responsibilities as a volunteer by visiting [Volunteering Australia website.](#)